Southampton County Public Schools

Page 1

Nov - 4

EGG N CHEESE CRO

APPLE OR CHERRY

FRUIT.FRESH ASSO

FRUIT JUICE, ASSOR

PANCAKE ON A STIC

YOGURT PARFAIT

1% WHITE MILK

CONDIMENTS

2 BOSCO STICKS

1% WHITE MILK

FRUIT.FRESH ASSO

FRUIT JUICE, ASSOR

BACON & CHEESE BI

YOGURT PARFAIT

1% WHITE MILK

CONDIMENTS

FRUIT, FRESH ASSO

FRUIT JUICE, ASSOR

FRUIT.FRESH ASSO

FRUIT JUICE, ASSOR

1% WHITE MILK

CONDIMENTS

Nov - 11

BK

MILK

Nov - 18

BISCUIT

PARFAIT

MILK

Nov - 25

MILK

HONEY BUN

BK

CHOCOLATE MILK

YOGURT PARFAIT

Monday

Southampton County Schools Breakfast Menu

***Menu Subject to Change Tuesday Wednesday Thursday **Friday** Nov - 1 YOGURT PARFAIT EGG N CHEESE BISC MINI WAFFLE FRUIT JUICE, ASSOR FRUIT, FRESH ASSO 1% WHITE MILK MII K CONDIMENTS Nov - 7 Nov - 8 Nov - 5 Nov - 6 ASSORTED MUFFINS 2 POP TARTS PANCAKE MINIS UNCRUSTABLE SAN **BREADS** 2 BOSCO STICKS CHEESE TOAST FRENCH TOAST STI YOGURT PARFAIT PARFAIT YOGURT PARFAIT YOGURT PARFAIT UNCRUSTABLE SAN FRUIT JUICE.ASSOR FRUIT JUICE.ASSOR FRUIT JUICE.ASSOR FRUIT JUICE, ASSOR ASSORTED CAN AND FRUIT, FRESH ASSO FRUIT, FRESH ASSO FRUIT, FRESH ASSO **FRUIT** 1% WHITE MILK 1% WHITE MILK 1% WHITE MILK MILK MILK 1% WHITE MILK CONDIMENTS CONDIMENTS CHOCOLATE MILK CONDIMENTS Nov - 12 Nov - 13 Nov - 14 Nov - 15 YOGURT PARFAIT SAUSAGE BISCUIT SAUSAGE BISCUIT RAISED DONUT EGG, BACON & CHE **UNCRUSTABLE SAN BREAKFAST PIZZA** EGG, SAUSAGE & CH **BISCUIT** YOGURT PARFAIT YOGURT PARFAIT **BISCUIT** FRENCH TOAST STI FRUIT.FRESH ASSO FRUIT JUICE.ASSOR YOGURT PARFAIT FRUIT JUICE, ASSOR 1% WHITE MILK FRUIT JUICE, ASSOR FRUIT JUICE, ASSOR FRUIT, FRESH ASSO MILK MILK FRUIT, FRESH ASSO 1% WHITE MILK **CONDIMENTS** 1% WHITE MILK 1% WHITE MILK CONDIMENTS MII K CONDIMENTS CONDIMENTS Nov - 19 Nov - 20 Nov - 22 Nov - 21 EGG, SAUSAGE & CH PANCAKE MINIS **CINNABAR BACON & CHEESE BI BREAKFAST PIZZA** EGG N CHEESE CRO **DUTCH WAFFLE CROISSANT** APPLE OR CHERRY YOGURT PARFAIT **PARFAIT PARFAIT** FRUIT JUICE, ASSOR FRUIT.FRESH ASSO FRUIT, FRESH ASSO **PARFAIT** FRUIT, FRESH ASSO FRUIT JUICE, ASSOR FRUIT JUICE, ASSOR FRUIT, FRESH ASSO 1% WHITE MILK FRUIT JUICE, ASSOR MILK MILK 1% WHITE MILK 1% WHITE MILK MILK 1% WHITE MILK CONDIMENTS CONDIMENTS CONDIMENTS MILK CONDIMENTS Nov - 26 Nov - 27 Nov - 28 Nov - 29 **BREAKFAST PIZZA** NO SCHOOL TODAY NO SCHOOL TODAY NO SCHOOL TODAY 2 POP TARTS YOGURT PARFAIT FRUIT JUICE, ASSOR CONDIMENTS FRUIT, FRESH ASSO

MILK

1% WHITE MILK

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Oct 28, 2019

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.